




Grade de Aulas Coletivas



	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO
06:00	PILATES		PILATES		PILATES	
07:00	FIT DANCE		FIT DANCE		FIT DANCE	
17:00		HIIT		PILATES	GAP	
18:00		GAP				
19:20	HIIT		HIIT			
20:00	JUMP		JUMP			
20:30		FIT DANCE		FIT DANCE		