



Grade de Aulas Coletivas



	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO
06:00		FIT DANCE		FIT DANCE		
07:00	RITMOS		RITMOS			
08:00		PILATES SOLO		PILATES SOLO	FIT DANCE	
08:20						
09:00		FUNCIONAL		FUNCIONAL		
09:30						FIT DANCE
10:30						FIT DANCE
18:00	TRAINING REVOLUTION	CORE	GAP	FUNCIONAL	GAP	
19:00	FIT DANCE	FIT DANCE	FIT DANCE	FIT DANCE		